

Walton Junior Coaching

(This document is to be read in conjunction with the Squad Guidance documents (J15-18 and J14), 2021 update)

To be effective Walton Coaches must operate as a team. As outlined in the UK Coaching Code of Practice/British Rowing Code of Conduct, respect and integrity are critical and essential in delivering quality coaching to all junior athletes.

Coaching will operate within the framework laid down within the BR 2020 Safeguarding Strategy encompassing communication, safety and crew selection.

As such Walton coaching volunteers work within the following framework for each of the two squads:

1. Decisions in relation to crew selection, training programmes and regatta strategies will be made by the respective Head Coach. Clarification, concerns and explanations may be sought confidentially, either on a 1 2 1 or within the coaching group. Any questions in relation to these matters should be directed to the Head Coach, should he / she not be available they will appoint a deputy to advise on such matters.
2. Coaching integrity is critical to the success of Walton RC as a destination Junior Club: Coaches are therefore expected to keep discussions relating to crew selection and individual athletes' needs, strengths, weaknesses and ambitions confidential within the Team until the appropriateness and timing of any announcement and the audience has been agreed.
3. The Head Coach will allocate coaches to specific crews as the need arises and will receive feedback from the selected coach on crew and athlete performance after each outing.
4. Coaches will reinforce the outing's programmes to athletes before boating, deliver the agreed programme, debrief the crew after the outing, provide feedback on the crew's performance and ask the athletes for feedback on the outing. Coaches will report the outcome of the outing to the Head Coach.
5. Communication with parents will reflect the agreed strategy. In line with the process outlined in the squad guidance documents parents are welcome to question this, however this should be directed initially to the Head Coach or a designated representative. Complaints should be directed to the Head Coach or the Club President who will follow up with the Welfare Officer / members of the Committee as appropriate.