

Walton Rowing Club

Return to the River

Following the Governments relaxation of lockdown requirements, we are keen to see rowing and sculling resume as soon as possible whilst maintaining a safe environment for all.

We envisage a phased return so that we can monitor how things are working, updates to Government policies and British Rowing advice.

Phase 1	Single sculling using private boats from the sculling shed for adults only
Phase 2	Single sculling using private and club boats from the sculling shed and compound – All members
Phase 3	Bigger boats

Protocols for Phase 2

Before you start

If you or anyone in your household have or has had any symptoms of Covid 19 in the past two weeks, you should stay at home.

Anyone living with a person who is at increased risk of severe illness, or an extremely vulnerable person who is shielding from Coronavirus (Covid-19), should stringently follow the guidance on social distancing and minimise contact outside the home. We would recommend that anyone in this category should not row.

Government protocols say that no more than six people should exercise together. If you are going with someone else check that neither they nor anyone in their household have or has had any symptoms of Covid 19 in the last two weeks.

The club is closed and the facilities are not available for use. You should therefore ensure that you change into rowing kit before heading to the river. The downstairs toilet facilities are available for solely that purpose, no changing or showering is allowed.

Take hand cleansing gel with you to the river.

When travelling to the club avoid public transport

If you drive preferably limit to one person per car. If you need to share a car follow the Government advice -

- Journeys should be shared with the same individuals and with the minimum number of people at any one time
- Good ventilation (i.e. keeping the windows open) and facing away from each other may help to reduce the risk of transmission
- The vehicle should be cleaned regularly using gloves and standard cleaning products, with particular emphasis on handles and other areas where passengers may touch surfaces.

At the river

You may access the sculling sheds, compound and landing stage only.

Maintain social distancing at all times.

No more than six people may use the sculling sheds, compound or landing stage at a time. If there already six people there when you arrive, stay in your car or walk along the tow path until the sculling shed and landing stage are free.

Members living in the same household may boat together in doubles.

Undertake a normal risk assessment to review weather and river conditions together with your own capabilities before determining whether to scull

Clean padlock, door handle and your hands with your hand sanitiser before opening the sculling shed.

Clean sculling grips with your hand sanitiser before and after your outing.

Boat from the Walton RC section of the stage, i.e. the downstream third in front of our clubhouse.

Close and lock the sculling shed door or compound gate before setting out on the water if there is no one else waiting to boat or come in.

Follow the normal rules of the river during your outing.

During your outing you when paddling with other single scullers maintain 2m apart. It is a good safety measure to paddle in pairs whilst maintaining 2 m distance.

Only return to the landing stage if there are less than six people in there and the sculling shed, compound area at the time. Otherwise wait on the river till numbers have reduced.

After your outing again clean sculling handles.

Close the sculling shed door or compound gate before you leave.

After closing the sculling shed or gate, clean the padlock, door handle and your hands.

On completion of your outing please leave promptly and do not stop to chat with others by the boathouse.