

## David Hosking completes Atlantic Row

If you haven't seen David for a couple of months, it's because he's been busy rowing across the Atlantic! His Britannia III crew are the first boat in the Woodvale Atlantic Race to cross the finishing line in Barbados, 38 days after setting off from the Canary Islands. They missed the current record for the crossing by a few days due to bad weather and adverse conditions. However you can be sure that it will make David even more determined to have another go at it. So if he asks you if you fancy going out for a row, think very carefully before you answer - he probably doesn't mean up to the canoe club and back!

Copy and paste the links below into your address bar for some coaching tips

[http://www.youtube.com/watch?v=By\\_a\\_dprEGE](http://www.youtube.com/watch?v=By_a_dprEGE)

[http://www.youtube.com/watch?v=SrwTo-a1w\\_Y](http://www.youtube.com/watch?v=SrwTo-a1w_Y)